Temporary Profile Timeline

Soldiers <u>MUST</u> be ready to deploy within <u>72 hours</u> of profile expiring. Rehabilitation time is accounted for within the Temporary Profile Timeline.



Soldier is issued a profile for temporary illness or injury.

- 14 Day Review— AR

- 30 Day Review-RC

Soldier can meet MRDP at any point during the 90, 180, and 365 Day Reviews.

- 90 Day Review - Medical Authority/Care Coordinator

_ 120 Day Review— Battalion Company Commander

■ 180 Day Review—Medical Authority/Care
Coordinator; BDE CO. Refer to a physician/specialty
clinic if Soldier has not met MRDP.

- 240 Day Review - Senior Mission Commander

365 Day Review—Medical Authority/Care Coordinator

 P3/P4 Profile is issued—If a Soldier does not meet medical retention standards, they require a P3/P4 profile. First signature is applied.

DES process begins— An approval authority completes VA Form 21-0189, Section 2. Second signature is applied.

Proceed to Phase 1- MEB

KEY MILESTONE IN PROFILING:

Issue a P3/P4 profile and refer to the DES if:

- ⇒ A condition and/or the residuals of a condition have met MRDP, and prevent the Soldier from performing any functional activity or any aerobic event.
- \Rightarrow A condition is identified in AR 40-501.



"People First, Winning Matters, Army Strong!"
40th CSA

References:

Army Regulation 40-501 Standards of Medical Fitness 27 June 2019

Army Regulation 40-502 Medical Readiness 27 June 2019

DA PAM 40-502
Medical Readiness Procedures
27 June 2019

Army Directive 2016-07
Redesign of Personnel Readiness and
Medical Deployability
01 March 2016

Army Regulation 635-40
Disability Evaluation for Retention,
Retirement, or Separation
19 January 2017



US Army Medical Command
Defense Health Headquarters
7700 Arlington Blvd.
Falls Church, VA 22042
MilSuite: https://www.milsuite.mil/book/
community/spaces/apf/s1net/
medical readiness



Healthcare Provider's

Profiling Pearls

The Healthcare Portal

July 2021

"Taking care of people, our Soldiers, and our Families, is paramount to readiness. Their physical, cognitive, and emotional health are the cornerstones to personal readiness."

LTG R. Scott Dingle, 45th Surgeon General, US Army

- **S** Accurate
- **©** Consistent
- **Concise**
- **Transparent**

Look inside to learn more...

Profiling Basics

OUALITY and **CONSISTENT** profiling is critical in managing and maintaining a medically ready force.

A Commander's determination of the Soldier's deployability requires a review of the Soldier's profile and communication with the profiling officer.

Healthcare Providers who profile:

Physicians **Social Workers**

Dentists Physician Assistants

Podiatrists Optometrists *Audiologists Chiropractors

Nurse Practitioners Physical Therapists

Nurse Midwives Occupational Therapists

Licensed Psychologists *Athletics Trainers

*Specific limitations can be found in AR 40-502 or DA PAM 40-502.

Completing the Profile:

- 1. Visit the MODS homepage (https://www.mods.army.mil)
- 2. Medical Readiness Portal.
- 3. Search a Soldier to access their profile and begin the profiling process.

When writing profiles:

- Use a template
- Link or extend appropriately to capture consecutive days.



 Include the Soldier's recovery time so that the Soldier is deployable within 72 hours of profile expiring.

Upon completion, DA Form 3349 will be generated. *If the electronic profiling capability is unavailable, DD Form 689 may be used for up to seven days. It may also be used for conditions that will resolve within seven days. DD Form 689 is only authorized once per condition.

Profiling the Soldier

Why profile a Soldier?

- ⇒ Allow the Soldier to heal to maximum potential
- ⇒ Prevent further injury or illness of Soldier
- ⇒ Track individual and unit readiness
- ⇒ Provide unit surveillance

Which conditions should be profiled?

- 1. Conditions that require an immediate referral to DES (identified in AR 40-501).
- 2. Conditions that impact performance of duty and prevent worldwide deployment.

Profiling captures capabilities and limitations for a Soldier while injured or ill, as they rehabilitate up to 365 days of recovery, and prior to administrative Medical Retention Decision Point (MRDP) (see AR 40-502 or DA PAM 40-502). MRDP is reached if a temporary profiled medical condition has stabilized or cannot be stabilized within a twelve month period. and impacts successful performance of duty. Once MRDP is met, a permanent profile should be issued (P2, P3, or P4). Any condition that meets MRDP should be referred to the DES (see AR 635-40 for specifics).

Temporary Profiles

- Written by profiling provider within a respective area of specialty.
- Should be reviewed and assessed at every medical encounter.
- 14 days CO CDR review; 30 days - CO CDR review for NG/AR; chain of command must also review longer profiles.
- · May last up to one year in duration at 90 day increments.

Permanent Profiles

- Should describe a stable limitation which has met MRDP or has been profiled for >365 days.
- P2 profiles must be signed by the profiling officer and physician.
- •P3/4 profiles must be signed by profiling officer and approval authority.
- Will be reviewed and assessed at every readiness visit.

Section 4 of DA 3349

Any condition that has met MRDP requires a DES referral if:

 The Soldier has a clinical condition permanently preventing the performance of any of the functional activities. It is important to clinically assess a permanent lifting, carrying, wearing, or dragging weight restriction that impacts basic soldiering

	Functional Activities	Р	Т
a.	Physically and/or mentally able to carry/fire individual assigned weapon?		
b.	Ride in a military vehicle wearing usual protective gear without worsening condition?		
c.	Wear helmet, body armor, and load bearing equipment (LBE) without worsening condition?		
d.	Wear protective mask and MOPP 4 for at least two continuous hours per day?		
e.	Move greater than 40 lbs (e.g. duffle bag) while wearing usual protective gear (helmet, weapon, body armor, LEB) up to 100 yards?		
f.	Live and function, without restrictions, in any geographic or climatic area without worsening condition?		



Warfighter Functions

- **★ Mission Command**—Lead, Communication
- * Movement and Maneuver—Shoot, Move

(Evacuate, Carry, Run, Ride)

- ★ Intelligence Communicate, Hearing, Intellect
- Fires— Shoot, Move (Evacuate, Carry, Run, Ride)
- **★Sustainment** Shoot, Move, Communicate
- **★ Protection**—Equipment, Geographic Considerations