



PHONE NUMBERS & ADDRESSES TO NEAREST

MILITARY & CIVILIAN EMERGENCY ROOMS

BALTIMORE-WASHINGTON MEDICAL CENTER

301 Hospital Drive
Glen Burnie, MD 21061
410-787-4000

FORT BELVOIR COMMUNITY HOSPITAL

9300 DeWitt Loop
Fort Belvoir, VA 22060
571-231-3224

HOWARD COUNTY GENERAL HOSPITAL

5755 Cedar Lane
Columbia, MD 21044
410-740-7890

MALCOLM GROW MEDICAL CLINIC

1060 W. Perimeter Rd.
Joint Base Andrews, MD 20762
240-857-5911

UNIVERSITY OF MARYLAND MEDICAL CENTER

22 South Greene Street
Baltimore MD 21201
410-328-8667

UNIVERSITY OF MARYLAND MEDICAL CENTER

MIDTOWN PRACTICE

5755 Cedar Lane
Columbia, MD 21044
410-740-7890

WALTER REED NATIONAL MILITARY MEDICAL CENTER

8901 Rockville Pike
Bethesda, MD 20889
301-295-4000

ADDITIONAL SERVICES & RESOURCES

JOINT MEDICAL READINESS CLINIC

LOCATED AT BLDG. T-2476,
NEXT TO KIMBROUGH



ARMY—MON-FRI: 7:30 A.M. TO 4 P.M.

Front Desk: 301-677-8704. Please email questions & send forms (use DOD Form only) through the MHS GENESIS Patient Portal (my.mhsgenesis.health.mil/).

PHA: Virtual appointments available. Every 12 months, amber at 13 months, red at 15 months.

NAVY/MARINES/COAST GUARD—MON-FRI: 8 A.M. TO 4 P.M.

Front Desk: 301-677-8889 / 8697. Email: usarmy.meade.medcom-kacc.mbx.medical-readiness-navy@health.mil

PHA: Virtual appointments only. Every 12 months, with 3-month 'grace period.'

AIR FORCE/SPACE FORCE—MON-FRI: 8 A.M. TO 4 P.M.,
CLOSED NOON TO 1 P.M.

Front Desk: 301-677-8686. Email: usarmy.meade.medcom-kacc.mbx.medical-readiness-af@health.mil

PHA: Virtual appointments only. Every 12 months.

ARMY PUBLIC HEALTH NURSING

Provides population-focused nursing services to optimize the health of individuals, families, work groups & communities through Disease Surveillance & Control (such as health education, unit briefings), and consultation to Child & Youth Services. For more information, call 301-677-8435.

ARMED FORCES WELLNESS CENTER

LOCATED AT BLDG. T-2474, NEXT TO KIMBROUGH

MON-THURS: 6 A.M. - 4:30 P.M.; FRI: 6 A.M.-NOON
Provides integrated & standardized primary prevention programs and services that promote enhanced and sustained healthy lifestyles to improve overall well-being.
For information call 301-677-2006.

EXCEPTIONAL FAMILY MEMBER PROGRAM & FAMILY MEMBER TRAVEL SCREENING - ROOM 1M08

Walk-in hours: Tues & Thurs, 8-11:30 a.m.
Hours: Mon-Thurs, 7:30-11:30 a.m., 1-3:30 p.m.
Fri, 8:30-11:30 a.m., 1-3:30 p.m.

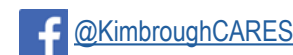
EFMP works with military & civilian agencies to provide medical, educational, housing, community support and personnel services to families with special needs. Services also include family member screenings for relocation OCONUS and assistance with EFMP enrollments. Call 301-677-8502 for appointments.

The enrollment and family travel screening process has been fully automated through E-EFMP:

<https://efmp.army.mil/EnterpriseEfmp/>

DEERS UPDATES

You can update information in person at the ID section, 4550 Parade Field Ln, Suite 133, via phone: 1-800-538-9552, or online: <https://milconnect.dmdc.osd.mil/milconnect/>



VISIT OUR WEBSITE:

<https://kimbrough.tricare.mil>

MHS GENESIS PATIENT PORTAL

my.mhsgenesis.health.mil/

Spring 2023, MHS GENESIS became the new electronic health record. MHS GENESIS Patient portal replaced TOL.

Updated April 2023

PATIENT INFORMATION BROCHURE



Kimbrough Ambulatory Care Center

2480 Llewellyn Avenue
Fort George G. Meade, Maryland
301-677-8800

CLINIC HOURS OF OPERATION

MONDAY-FRIDAY
7:30 A.M. TO 4:30 P.M.
CLOSED WEEKENDS & FEDERAL HOLIDAYS

EMERGENCY SERVICES ARE NOT AVAILABLE FOR MEDICAL EMERGENCY DIAL 9-1-1



National Capital Region Market Kimbrough Ambulatory Care Center



1ST FLOOR

APPOINTMENTS

By phone, please call 301-677-8800 from 6:30 a.m. to 6 p.m. Mon-Fri, except holidays.

NURSE ADVICE LINE

Make informed decisions about self-care at home or when to see a health care provider at 800-874-2273, opt. 1.

PRIMARY CARE

Primary Care services are based on the Patient Centered Medical Home model of care and consists of Family Practice, Pediatrics and Internal Medicine. Primary Care Managers (PCMs) are located in these clinics. **Primary Care Clinics close the 3rd Thursday of the month at noon.**

MHS GENESIS PATIENT PORTAL

Spring 2023, MHS GENESIS Patient portal replaced TOL. Currently, the MHS GENESIS Patient Portal allows you review your health record and medications, and email your health care team, (my.mhsgenesis.health.mil). Scheduling appointments and requesting refills through the portal are currently disabled. Please call 301-677-8800 for an appointment. For refill prescriptions call 800-377-1723.

1ST FLOOR

ALLERGY & IMMUNIZATIONS - Room 1M08

Allergy & Immunizations for beneficiaries are available with an electronic health record order from their health care provider. Hours are Mon-Fri: 7:30 - 11:30 a.m. and 1 - 3:30 p.m. Please call the clinic at 301-677-8522 to schedule immunotherapy. For overseas vaccinations call 301-677-8435. **3rd Thursday of the month closed at noon.**

HEALTH BENEFITS ADVISOR

Provides assistance with TRICARE and other related programs including eligibility and cost share information. Phone: 301-677-8882.

HIPAA COORDINATOR

For questions or concerns about the confidentiality of health information call 301-677-8911.

INTERNAL MEDICINE - Room 1K25

Serves Kimbrough Prime patients 18 years and older. Hours are Mon-Fri, 7:45-11:30 a.m. & 1-4:30 p.m. Call 301-677-8800.

LABORATORY

Walk-in hours are Mon-Fri, 7-11:45 a.m. & 12:30-4:30 p.m.

NOTE: Federal regulations prohibit the lab from releasing lab results directly to patients. Contact your provider or Patient Administration Department for copies of test results.

MEDICAL MANAGEMENT

Call 301-677-8840 / 8841 for help with the specialty referral process.

MUSCULOSKELETAL CLINIC (MSK)

MSK consists of orthopedics, physical therapy & chiropractic. Referral by PCM/specialist required. You may be referred to another treatment facility. Hours: 7 a.m. to 4:30 p.m., closed noon to 12:30 p.m.

NUTRITION SERVICES

Nutritional counseling provided for all ages in healthy lifestyles, diabetes, hypertension & cholesterol management, and help with weight control. Patients can self-refer but a referral from your PCM is recommended.

PATIENT ADMINISTRATION DIVISION

Call 301-677-8141 for patient administration questions, registration and requesting medical information.

PATIENT ADVOCATE

For answers to frequently asked questions and assistance with understanding policies, call 301-677-8836 Mon-Fri, 7:30 a.m. to 4:30 p.m.

PHARMACY (TWO LOCATIONS AVAILABLE)

3rd Thurs. of the month: Both pharmacies close at noon.

Main Pharmacy at Kimbrough processes new or renewal prescriptions. Hours: Mon-Fri, 7:30 a.m. to 4:30 p.m.

The **PX Pharmacy only processes refill prescriptions**

Hours: Mon-Fri, 8 a.m. to 5 p.m.

PHARMACY (CONT)

Order refills by calling 1-800-377-1723. Refills will be ready after 11 a.m. the following duty day.

Please allow 3-5 working days for medications not on the formulary. To pick up a prescription, military ID is required for patients over 10 years old.

MOBILE PRESCRIPTION ACTIVATION- Text 'Get in Line' to 833-224-5456 and follow instructions in text. Prescriptions entered into the system by a provider within seven days of request date are eligible for mobile activation.

SCRIPTCENTER KIOSKS (TWO LOCATIONS)- Pick up hours for the automated pharmacy kiosk at the Main Pharmacy entrance are Mon-Fri, 7 a.m. to 8 p.m.; weekends and federal holidays 8 a.m. to 8 p.m. The PX Pharmacy kiosk (**for refills only**) is in the Post Exchange next to the PX Pharmacy. Pick up is possible when the Post Exchange building is open. Call 800-377-1723 to order refills and select the Fort Meade PX ScriptCenter option for pick up.

Enrollment can be done at the kiosk & is required prior to first pick up.

RADIOLOGY

We provide MRI, mammography, ultrasound, limited fluoroscopy, CT and routing radiographs. Referral from your provider is required. Hours: Mon-Fri, 7 a.m. to 4:30 p.m., closed noon to 1 p.m. Phone: 301-677-8800, Opt. 5, 1.

SAME DAY SURGERY (SDS) UNIT

Surgical specialists within the National Capital Area refer patients to SDS. A preoperative appointment is required prior to outpatient surgery. Call 301-677-8019 for more information.

VISION & HEARING CENTER

For questions, call 301-677-8960 / 8813 / 8015 Mon-Fri, 7:30 a.m.-4:30 p.m., closed for lunch noon to 1 p.m.

OPTOMETRY- Evaluates and treats visual problems with glasses & contacts. Diagnoses and treats external eye infections and injuries with appropriate therapeutics and evaluates the internal health of the eye. **Referral is not required.**

VISION & HEARING (CONT)

AUDIOLOGY- Provides hearing exams & tinnitus treatment. Hearing aid services are provided for active-duty personnel. Hearing Conservation Clinic offers hearing tests for physical exams by appointment only. **No referral needed for hearing conservation tests. Referral required for Audiology.**

2ND FLOOR

DEPARTMENT OF SPECIALTY SERVICES

Specialty care includes: Gastroenterology, Pain Management, and Ortho-Hand. Consults/referrals are required. If the care you need is not available at our organization, you will be referred to a higher level of care.

3RD FLOOR

BEHAVIORAL HEALTH - Room 3C01

The Department of Behavioral Health consists of: the Multi-Disciplinary BH Clinic, Child & Family BH Services, Substance use Disorder Clinical Care and the Family Advocacy Program.

MULTI-DISCIPLINARY BH CLINIC-Offers psychiatric & psychological assessment and treatment, stress management and a variety of other services to active duty service members.

CHILD & FAMILY BH SERVICES (CAFBHS)-Serves active duty family members and provides limited psychiatric and therapy treatment.

SUBSTANCE USE DISORDER CLINICAL CARE (SUDCC)-Provides assessment, treatment, referral, and consultation services for active duty service members experiencing problems with alcohol or other substances.

FAMILY ADVOCACY PROGRAM (FAP)-Provides assessment, treatment, and case management of child and spouse abuse cases. Call 301-677-8895 for appointments or more information.